

Sponsored by:



TipsArena Linz



ENERGIEAG
Oberösterreich

Voller Energie



Gugl Indoor 2010, Linz

February 4th, 2010
TipsArena Linz

Supported by:



ENERGIEAG
Oberösterreich

Voller Energie



**RADIO
OBERÖSTERREICH**

Facts: Gugl Indoor, February 4th, 2010

Venue	TipsArena – Auf der Gugl A-4020 Linz, Ziegeleistraße
Organizer Coordinator	Oberösterreichischer Leichtathletik-Verband, Linz Peter Hiller: +43 (0)664 / 355 38 41, meeting@guglindoor.at
Athletes Coordinator	Wolfgang Adler: +43 (0)650 / 53 57 909 , athletics@guglindoor.at
Entries	Online www.guglindoor.at
Entries closing	February 1st, 2010
Entry fee	8 € per event, 12 € for late entry per event You have to pay the entry fee cash on the entry desk.
Entry list	After entry closing (February 1 st , 2010) on www.guglindoor.at
Doors open	to the TipsArena at 02.00 p.m.
Entry desk	Every competitor has to report at the entry desk at least 60 min. before his event.
Results	On the information boards and on www.guglindoor.at
Advices	The timetable is subject to change due to unexpected high entries for some events, please check 2 days before on www.guglindoor.at . Competition rules of ÖLV resp. IAAF
Disclaimer	The organizer accepts no liability for any loss or damage or accident or injury to person or property occurring for whatever reason ever during the event or training sessions. Acceptance of disclaimer by competitors and coaches is a condition of entry!
Partner meeting	The Gugl Indoor is a Partner meeting of Indoor Classic Vienna.
Contact Indoor Classic Vienna	Georg Franschitz: +43 (0)650 / 49 47 324, mta-meetings@gmx.at, www.indoor-classic-vienna.com

Partner meetings:

Indoor Classic Vienna

February 2nd, 2010

Dusika Indoor Stadion, Vienna



Elan Indoor Meeting 2010

January 31st, 2010

Bratislava

GUGL INDOOR 2010 – TIMETABLE			
Time	Men	Women	Time
15:30	long jump jr	shot put jr	15:30
15:40	400m + jr, 6 heats		15:40
16:00		400m + jr, 3 heats	16:00
16:15	1500m + jr, 2 heats		16:15
16:30		1500m + jr	16:30
16:45	800m + jr / B-heat, 2h		16:45
16:50	shot put jr	long jump jr	16:50
17:00		800m + J / B-heat, 2h	17:00
17:10	200m, C/B heats		17:10
17:20		200m, B/A heats	17:20
17:30		60m hurdles, 2 heats	17:30
17:45	60m hurdles, 3 heats		17:45
18:00	60m jr, 6h	shot put	18:00
18:15		long jump	18:15
18:25	60m, 6 heats		18:25
18:45		60m, 5 heats	18:45
19:00	OPENING		19:00
19:10	pole vault, 800m jr	800m jr	19:10
19:20	200m A-heat shot put		19:20
19:25	3000m OÖM, Slow., B-heat		19:25
19:35		60m hurdles, final	19:35
19:45	60m hurdles final, long jump		19:45
19:50		3000m OÖM / Slow.	19:50
20:05		60m, final B/A	20:05
20:15	60m, final B/A		20:15
20:25		high jump	20:25
20:30		4x200m, OÖM, 2h	20:30
20:40	4x200m, OÖM, 2h		20:45
20:55		800m, A-heat	20:55
21:05	800m, A-heat		21:05
21:15	3000m, A-heat		21:15
FINAL			timetable subject to change

■ = Gugl Indoor events, ■ = ERIMA junior events for invited teams
■ = Events OÖM 2010, ■ = Events Slovenian Championships 2010

Jumping heights: High jump women: 160/165/170/173/176 + 3cm

Pole vault men: 474/ 494/ 514/524/534/544/545/564 + 5 cm

Advance rules: 60 m women/men: best 16 advance to finals B/A by time

60 m hurdles women: best 8 advance to final; men: best 8 advance to final by time

Entry restrictions:

Pole vault/shot put/long jump: Top 12 from entry list; high jump women: Top 10 from entry list

800m women: A-heat Top 10 + B-heat; 800 m men: A-heat Top 10 from entry list + B-heat

3000 m men: A-heat Top 12 from entry list + B-heat